



SCOTTISH DISABILITY  
SPORT



## Inclusive Athletics – Workshop

**Venue – Fintry Primary School - Dundee**

**Date – Monday 25<sup>th</sup> September 2017**

**Time – 6pm till 9pm**

**Cost - Free**

For Coaches & Volunteers interested in increasing their knowledge of working with athletes with a disability



On this 3 hour workshop of theory and practical, participants will have a better understanding of:-

- How to focus on ability rather than disability.
- How to support the inclusion of people with a disabled into athletics.
- How to communicate effectively.
- How to influence and deliver good practice.
- How to increase your technical knowledge in working with Race Runners, Wheelchair athletes, Seated Throwers and an introduction to Guided Running.
- National and International Classification.
- The Competition pathways within disability sport.

For further information or to book onto the workshop please contact  
Shona Malcolm on 0131 539 7348 or [shonamalcolm@scottishathletics.org.uk](mailto:shonamalcolm@scottishathletics.org.uk)