



PITREAVIE

AMATEUR ATHLETIC CLUB

(ESTABLISHED 1956)



Affiliated to: SCOTTISH ATHLETICS LIMITED
and DUNFERMLINE & WEST FIFE SPORTS COUNCIL

Athlete And Youth Representative Update – December

Eilidh Child – Kukri Athlete Of The Year:

- Eilidh Child celebrated her KUKRI 'Athlete of the Year' accolade at a scottishathletics media conference during the first week of December and telling us that the title was one of the toughest to win in her time in the sport.
- During the media conference Eilidh highlighted how important it was for Pitreavie to put her on the right path to success and that club structure is what develops amateurs into elite professional athletes.
- In the following video Eilidh talks about how her path to success starting as a young athlete at Pitreavie to the present day: <https://www.youtube.com/watch?v=hSHI6sZKpyU&feature=youtu.be>



Scottish East District XC Championships:



- The first cross country fixture of December was the Scottish East District XC Championships held on Saturday 6th December at Camperdown Park, Dundee. This was the event that was vital to athletes if they wished to gain automatic selection into the Scottish Inter – District XC Championships which is to be held in January.
- **Under 13 Girls (3200m)** – Sarah Coutts – 1st – 12:57, Jenny Gillanders – 8th – 13:23, Jennifer Brydon – 15th – 13:54, Lauren Blair – 19th – 13:57, Jemma Jamieson – 24th – 14:31, Ailsa Barr – 34th – 14:57, Lucy Telfer – 48th – 17:05 and Kym McAlpine – 61st – 19:43. The team of Sarah Coutts, Jenny Gillanders and Jennifer Brydon won the silver team medal with 24 points. Sarah Coutts and Jenny Gillanders have now been selected to represent Scotland East at the Inter – District Championships in January at Hollyrood Park.
- **Under 13 Boys (3200m)** – Lewis Blair – 4th – 12:16, Lewis Dow – 15th – 12:39, Euan Johnston – 40th – 13:38, Matthew Litch – 47th – 13:54 and Gregor McPherson – 60th – 14:43. The team of Lewis Blair, Lewis Dow and Euan Johnston came 4th place in team positions with 59 points. Lewis Blair has now been selected to represent Scotland East at the Inter – District Championships in January at Hollyrood Park.
- **Under 15 Girls (4000m)** – Emily Nicholson – 10th – 16:12, Zoe Nicholson – 14th – 16:29, Ciara Bowman – 26th – 17:47, Sophie Telfer – 27th – 17:49 and Alana Sneddon – 48th – 20:14. The team of Emily Nicholson, Zoe Nicholson and Ciara Bowman came 5th with 50 points. Emily Nicholson and Zoe Nicholson have now

been selected to represent Scotland East at the Inter – District Championships in January at Hollyrood Park.

- **Under 15 Boys (4000m)** – James Adam – 8th – 14:53, Ben Grant – 9th – 14:54, Alex Johnston – 15th – 15:22, Dylan Thomson – 32nd – 16:42 and Liam Murray – 48th – 18:16. The team of James Adam, Ben Grant and Alex Johnston won a bronze team medal with 32 points. James Adam, Ben Grant and Alex Johnston have now been selected to represent Scotland East at the Inter – District Championships in January at Hollyrood Park.

- **Under 17 Men (6400m)** – Tyler White – 19th – 24:18, Corey Smith – 33rd – 26:53, Andrew McNair – 36th – 27:25, Connor Collins – 37th – 27:35 and Kyle Henderson – 39th – 28:45. The team of Tyler White, Corey Smith and Andrew McNair came 9th with 88 points.
- **Under 20 Men (8000m)** – Ben Potrykus – 13th – 29:58
- **Senior Men (9600m)** – Colin Lamont – 105th – 40:04 and Neil McLachlan – 149th – 42:46

Carnegie Harriers Boxing Day Parluuf:



- After all the excitement of Christmas day, Boxing day presented the return of competition for a few Pitreavie Athletes.
- The Carnegie Harriers held the annual Boxing Day Parluuf event at Crossgates Community Woodlands where there was cold damp weather along with a few ice patches.
- However Sarah Akers and Barry Davie helped to make sure that the event took place.
- James Adam and his partner Morna Fleming managed to come 6th in the event in a time of 32:23.
- Aidan Thompson, a long time athlete of Pitreavie, now competing for Central AC and his partner Aurelie Thompson came 1st in a time of 30:10.

Pitreavie AAC Christmas Handicaps 2014:



- The 2014 addition of the Pitreavie AAC Christmas Handicap race took place on Sunday 28th December.
- The course was slightly longer this year and covered a distance of approximately 4.2km.
- Every year athletes competing in the race puts a present into Santa's sack and the position they gained in the race determines when they can pick a present out of the sack (e.g. 1st place will get 1st pick).
- Congratulations to Dylan Thomson for winning this years race. A special mention has also got to go out to Ali Johnston and Michael Barr for a memorable finish. The results of the race are shown in the table below:

Name	Handicap (Time)	Position	Performance Time
Dylan Thomson	2:20	1 st	16:25.68
James Adam	3:30	2 nd	15:18.44
Andrew McNair	2:30	3 rd	16:18.68
Scott McAlpine	3:10	4 th	16:05.79
Ben Johnston	1:00	5 th	18:16.50
Alex Johnston	2:00	6 th	17:38.91
Ailsa Barr	1:00	7 th	18:47.63
Campbell Blair	1:40	8 th	18:22.47
Lewis Blair	2:00	9 th	18:31.85
Corey Smith	2:40	10 th	17:55.63
Evan Ross	2:00	11 th	18:41.91
Struan Ross	1:30	12 th	19:47.91
Euan Johnston	1:40	13 th	20:17.41
Ali Johnston	0	14 th	22:51.68

Cross Country Fixtures:

Date	Meeting	Venue	Requirements	
January				
Saturday	10/01/15	Scottish Inter – District XC Championships	Hollyrood Park, Edinburgh	Scottish Athletics select athletes based on performance at Scottish East District XC Championships (Top 8 at East District Championships gives automatic selection)
Saturday	17/01/15	Scottish East District XC League – Match 3	Broxburn Academy	Open to all athletes. No pre-entry required. Just turn up and run
Saturday	31/01/15	Scottish National Masters XC Championships	Kilmarnock Academy Recreation Ground (Ayrshire Athletics Arena)	The XC Representative (Penny Hicks) will enter athletes. Please register your interest to compete
February				
Sunday	22/02/15	Scottish National XC Championships	Callendar Park, Falkirk	The XC Representative (Penny Hicks) will enter athletes. Please register your interest to compete
March				
Sunday	15/03/15	Scottish National Young Athletes Road Race Championships	Livingston	The XC Representative (Penny Hicks) will enter athletes. Please register your interest to compete

- To enter any of the above events then please contact the Cross Country Team Managers.
- The Cross Country Team Managers for the season 2014 – 2015 are Penny Hicks and Louisa Nethery.
- For more information please view our website - <http://www.pitreavie-aac.co.uk/index.php/about-pitreavie-aac/xc-cross-country>

**Indoor Fixtures:**

Date	Meeting	Venue	
January			
Saturday	03/01/15	Glasgow Athletics Association Miler Meet 2015 Scottish National 3000m & Scottish National Masters 3000m Indoor Shot Putt Competition	Emirates Arena, Glasgow
Sunday	04/01/15	Scottish Athletics Indoor League – Match 2	Emirates Arena, Glasgow
Wednesday	07/01/15	Grangemouth Stadium Indoor Open Graded Meeting	Grangemouth Stadium
Saturday	10/01/15	Ravenscraig Regional Sports Facility Indoor Open Graded Meetings	Ravenscraig Regional Sports Facility
Saturday	17/01/15	Scottish National Indoor Open	Emirates Arena, Glasgow
Saturday	24/01/15	Scottish National Junior Indoor Relay Championships & Club Connect	Emirates Arena, Glasgow
Sunday	25/01/15	Aberdeen AAC Indoor Open Graded Meeting Scottish National Under 12 Indoor Superteams	Aberdeen Sports Village
Saturday	31/01/15	Scottish National Masters Indoor Track and Field Championships	Emirates Arena, Glasgow
February			
Sunday	01/02/15	Scottish National Senior Indoor Track and Field Championships	Emirates Arena, Glasgow
Wednesday	04/02/15	Grangemouth Stadium Indoor Open Graded Meeting	Grangemouth Stadium
Wednesday	04/02/15	Scottish Schools Indoor Track and Field Championships	Emirates Arena, Glasgow
Thursday	05/02/15		
Saturday	07/02/15	SUCA (Scottish Universities and Colleges) Indoor Championships	Emirates Arena, Glasgow
Sunday	08/02/15	Scottish Athletics Indoor League – Match 3	Emirates Arena, Glasgow
Saturday	14/02/15	Scottish National U13/U17 Age Group Indoor Championships	Emirates Arena, Glasgow
Sunday	15/02/15	Scottish National U15/U20 Age Group Indoor Championships	Emirates Arena, Glasgow
Sunday	22/02/15	Aberdeen AAC Indoor Open Graded Meeting	Aberdeen Sports Village
March			
Wednesday	04/03/15	Grangemouth Stadium Indoor Open Graded Meeting	Grangemouth Stadium
Saturday	14/03/15	Scottish National Indoor Combined Events Championships Scottish National Indoor Under 20/Senior Relay Championships	Emirates Arena, Glasgow

- Entries for the open graded and championship indoor events can be found on the Scottish Athletics Website Fixtures – <http://events.scottishathletics.org.uk/events>

- Entries for indoor events such as the superteams, Scottish Athletics Indoor League matches and the relay championships are managed within the club. Please contact a member of the committee for more information.

By Corey Smith

