



## **PAAC CLUB CHAMPIONSHIP**

**Saturday 8th & Sunday 9<sup>th</sup> April 2017**



### **WELCOME**

A warm welcome to everyone and good luck to all athletes participating in the Club Championships today. This event marks the start of the 2017 Track & Field season and a chance to find out whether all that winter training in the cold and mud of cross country has paid off! For many competing today this will be a first taste of competition, make sure you have fun and enjoy the experience.

A huge thank you to local company Cooper Software, the main sponsor of today's event, who have helped us with event costs and prizes. We are delighted to have their support.

It would not be possible to hold this event without the small army of volunteers who work tirelessly in the background to make everything run smoothly. Volunteers undertake everything from managing event entries, checking equipment and organising athlete declarations to working in the café and raking the sand pits. We are also extremely grateful to all the officials who have turned out today to support the event and of course to all our coaches who devote so much of their time to preparing the athletes. Everybody who has helped has made a difference – on behalf of the Club, I thank you all.

If you have a little time to spare and have enjoyed the event, why not consider getting involved in future? No particular experience is required. Please speak to Laura, our Club Development Officer, who will be happy to discuss ways in which you can help your Club.

I hope you all enjoy the day.

*Andy Johnston*  
*President, Pitreavie AAC*

## IMPORTANT ATHLETE INFORMATION

### Declarations

#### SATURDAY

- Declarations will open at 10am
- You must report to the Declaration Area (in the Indoor Centre) at least one hour before your first event when you will be issued with competition numbers. **YOU MUST KEEP YOUR NUMBERS AND USE THEM AGAIN ON SUNDAY**
- Declare all of your events for Saturday at the same time.
- **Declarations will close at 12:30pm.**
- Meeting Managers will make final decisions on late declarations.

#### SUNDAY

- Declarations will open at 10am.
- You must report to the Declaration Area at least one hour before your first event. **YOU MUST BRING YOUR NUMBERS WITH YOU IF YOU COLLECTED THEM ON SATURDAY. ONLY THOSE WHO DID NOT COLLECT THEIR NUMBERS ON SATURDAY CAN COLLECT THEM ON SATURDAY AT THE DECLARATION AREA.**
- Declare all of your events for Sunday at the same time.
- **Declarations will close at 12:30pm.**
- Meeting Manager (Laura Page) will make final decisions on late declarations.

### Track

- Track event athletes will go to the call room 10 min before the race. This will be situated in the Indoor Centre.
- All athletes will go to the assembly area ready to race.
- Progression from Heats to Finals will be as follows:
  - Two heats – first two in each heat and the two fastest losers
  - Three heats – first in each heat and the three fastest losers
- For athletes at a field event, notify the call room before your field event if you will be going straight to the start line for your race. They will take a note of this and notify the track official.
- If you have any disputes on finals please raise this with the Meeting Manager.
- Track events take precedence over field events

### Field

- Field event athletes will assemble at the event areas at the time stated on the timetable.
- Three trials per event, except in the following cases:
  - High Jump and Pole Vault where usually rules apply.
  - U20s+ will be offered three additional throws if they meet the competition standard.

- Please do not obstruct competitions already in progress
- Do not take practice throws or jumps unless told to do so by an event official.
- If your Field event is taking place at the same time as your Track event, the Track event must take precedence.
- If you have reported to the Field event official before going to your Track Event, the official will allow you to return to the field event and reenter **at the height, or round of competition reached at that point in time** (you may therefore have missed a jump/height).

## **Scoring**

- The Scotstat scoring system will be used to award points to each performance
- Where an athlete competes in a heat and final for an event, the points for the quickest time from both races will be used
- In the event of a tie on overall points, the athlete with the most points for a single event will be the winner

### **SAFETY**

**Do not impede any other athlete during competition.  
Take care before stepping on to the track. Look both ways.  
Never walk across the grass area in the centre of the arena.  
Throwing events will be taking place throughout the day.  
Have a safe, enjoyable day.**