



PAAC CLUB CHAMPIONSHIP

Friday 10th & Saturday 11th April 2015



IMPORTANT ATHLETE INFORMATION

Declarations

FRIDAY

- Declarations will open at 4pm
- You must report to the Declaration Area (in the Clubhouse gym) at least one hour before your first event when you will be issued with competition numbers. **YOU MUST KEEP YOUR NUMBERS AND USE THEM AGAIN ON SATURDAY**
- Declare all of your events for Friday at the same time.
- **Declarations will close at 6pm.**
- Meeting Managers will make final decisions on late declarations.

SATURDAY

- Declarations will open at 9:15.
- You must report to the Declaration Area at least one hour before your first event. **YOU MUST BRING YOUR NUMBERS WITH YOU IF YOU COLLECTED THEM ON FRIDAY. ONLY THOSE WHO DID NOT COLLECT THEIR NUMBERS ON FRIDAY CAN COLLECT THEM ON SATURDAY AT THE DECLARATION AREA.**
- Declare all of your events for Saturday at the same time.
- **Declarations will close at 1.30pm.**
- Meeting Managers will make final decisions on late declarations.

Track

- Track event athletes will go to the assembly area (informal call room) 10 min before the race (to collect leg numbers). This will be situated in the Indoor Centre.
- All athletes will go to the assembly area ready to race.
- Progression from Heats to Finals will be as follows:
 - Two heats – first two in each heat and the two fastest losers
 - Three heats – first in each heat and the three fastest losers
- For athletes at a field event, notify the assembly area before your field event that you will be going straight to the start line for your race. They will take a note of this and notify the track official. **YOUR LEG NUMBER WILL BE HANDED TO YOU AT THE START LINE.**

- If you have any disputes on finals please raise this with the meeting manager via the management office at the end of the 100m.
- Track events take precedence over field events

Field

- Field event athletes will assemble at the event areas at the time stated on the timetable.
- Three trials per event, except the High Jump and Pole Vault where usually rules apply.
- Please do not obstruct competitions already in progress
- Do not take practice throws or jumps unless told to do so by an event official.
- If your Field event is taking place at the same time as your Track event, the Track event must take precedence.
- If you have reported to the Field event official before going to your Track Event, the official will allow you to return to the field event and reenter **at the height, or round of competition reached at that point in time** (you may therefore have missed a jump/height).

Scoring

- The Scotstat scoring system will be used to award points to each performance
- Where an athlete competes in a heat and final for an event, the points for the quickest time from both races will be used
- In the event of a tie on overall points, the athlete with the most points for a single event will be the winner

SAFETY

Do not impede any other athlete during competition.
Take care before stepping on to the track. Look both ways.
Never walk across the grass area in the centre of the arena.
Throwing events will be taking place throughout the day.
Have a safe, enjoyable day.