



Pitreavie AAC

Club Championship

15th and 17th September 2022

Welcome

A huge welcome to our Club Championship. We hope you enjoy the event, and it is a great opportunity to socialise with members of your own training groups and others within the club. It is fantastic to see nearly 100 entered in our main Club Championship across our T&F, PAACE and FrameRunning groups and we hope you finish the season on a high.

Thanks to all our fantastic Scottish Athletics officials and volunteers and of course thank you to our wonderful athletes who make the club proud.

Any questions please contact eventspace@gmail.com

Nicola Moriarty

Events Coordinator

Before you Compete

Good Hygiene Behaviours

- Do not share food, towels, and drinks.
- Clean your hands and equipment frequently.
- Cover your coughs and sneezes and dispose of any used tissues in your own bag and take them home with you. Wash your hands for 20 seconds or sanitise afterwards.
- Avoid spitting unless into a tissue which you should take home and dispose of.
- Avoid touching your face.

Note – Any athlete spitting onto the ground in the arena will face disqualification by the Track or Field Officials

Declarations

Thursday

There will be shot putt, long jump and javelin on Thursday evening (see timetable for age groups). Declare at the portacabin by 6pm (long jump and shot putt), by 6:30pm (javelin)

You must bring your number back with you on Saturday!

Saturday

- U11 Athletes meet Coach Kerry in the East of the stand where you will declare and receive your numbers.
- All other Athletes competing in Club Championship
 - Declarations open at 8:45am in the clubhouse gym
 - Declare at least one hour before your first event
 - Declare all your events at the same time
 - **Declarations will close at 10:30am**
- Athletes declaring for a single event
 - Before 10:30am declare in the clubhouse gym
 - After 10:30 declare at the portacabin at the west end of the stand
 - Declare one hour before your event
- Meeting Managers will make final decisions on late declarations.

Event Info

Track

- Track events take precedence over field events
- Head to the start line 10min before your heat time

Field

- Field event athletes will assemble at the event areas at the time stated on the timetable or when called on the PA system
- Three trials per event, except in the following cases:
 - High Jump where usual rules apply.
- Please do not obstruct any competition already in progress
- Do not take practice throws or jumps unless told to do so by an event official.
- If your Field event is taking place at the same time as your Track event, the Track event must take precedence.
- If you have reported to the Field event official before going to your Track Event, the official will allow you to return to the field event and reenter **at the height, or round of competition reached at that point in time** (you may therefore have missed a jump/throw).
- Please follow instructions on hand sanitising when sharing equipment

Spectator Information

There will be seating available in the stand plus you can use the grass areas around the track.

- Please always stay to the perimeter of the track
- Spectators are not allowed on the track or infield at any time

Refreshments

The clubhouse café will be open by 10am selling hot and cold drinks, hot dogs, cakes and snacks. Please bring cash if you wish to purchase items.

Timetable

THURSDAY 15th SEPTEMBER

6:30 PM	#101	U13 Girls Long Jump
6:30 PM	#102	U11 and U13 Boys Shot Put
7:15 PM	#103	U11 Girls Long Jump
7:15 PM	#104	Mixed Javelin Throw

SATURDAY 17th SEPTEMBER

TRACK

11:00 AM	#1	U15 Boys 80M Hurdles
11:05 AM	#2	U13 Girls 70M Hurdles
11:10 AM	#3	U11 Girls and Boys 100M
11:20 AM	#4	U17+ Men and Women 100M
11:29 AM	#5	U15 Boys 100M
11:32 AM	#6	U15 Girls 100M
11:35 AM	#7	U13 Boys 100M
11:41 AM	#8	U13 Girls 100M
11:50 AM	#9	FrameRunning/Wheelchair 100M
12:00 PM	#10	U17+ 800M
12:05 PM	#11	U13, U15 800M
12:15 PM	#12	U17+ 400M
12:20 PM	#13	PAACE 1 Mile
12:30 PM	#14	U15 Men, U17 Women 300M
1:05 PM	#15	All 1500M
1:15 PM	#16	FrameRunning, Wheelchair 200M
1:25 PM	#17	U15+ 200M
1:30 PM	#18	U13 Boys 200M
1:35 PM	#19	U13 Girls 200M
1:40 PM	#20	U11 Boys and Girls 600M

FIELD

10:00 AM	#105	U15 Boys, U17 Men Long Jump
10:00 AM	#106	U13, U15 Girls Shot Put
10:45 AM	#107	U15 Girls Long Jump
10:45 AM	#108	U17+ Shot Put
12:30 AM	#109	U11, U13 Boys Long Jump
11:30 AM	#110	U15 Boys, U17 Men Shot Put
12:30 PM	#111	U11 Girls Shot Put
11:30 PM	#112	U17+ Women Long Jump
12:30 PM	#113	U20+ Men Long Jump
1:15 PM	#114	All High Jump
1:15 PM	#115	Mixed Javelin Throw

Volunteer Rota

Thursday 15th

DECLARATIONS	17:30-18:00	Tick off athletes and hand out numbers	Katherine Gourley
FIELD	18:30-20:00	Long Jump/Shot Putt/Javelin	Craig Shield Julie Cairns (or Dad) Kathryn Gourley

Saturday 17th

DECLARATIONS	9:45-11am	Tick off athletes and hand out numbers	Erin Mackie Deanne Wilson Tracey Steedman
CAFÉ	9:30-11:30	Serve hot and cold drinks, hotdogs, soup and snacks. Keep officials' urn topped up	Michelle Riley Elaine Renouff Lesley Bowman
	11:30-1:30		Angie Cruickshank Lorna Taylor
TRACK ASSEMBLY	10:50-12:30	Assemble athletes for heats Hand out leg numbers	Graeme Renton Lana McInnes
	13:00-13:40		Scott Balfour
RUNNER	10-11:15	Move paperwork around the various teams	Nicola Cameron
	11:15-12:30		Verity Thwaites
	13:00-13:45		Morna Goldie
FIELD	10:00 – 11:30	Long Jump	Tristan Tillier Fiona Mackenzie Lorraine Wood
	10:00-11:30	Shott Putt	Steven Campbell

			Shirley Robinson Helen King
	11:30-12:00	Long Jump	Chris Harding Yvonne Pearson Sheena Mitchell
	11:30-12:00	Shot Putt	Graeme Flint Alan Lister Richard Savage
	12:30-13:15	Shot Putt	Chris Harding Yvonne Pearson Sheena Mitchell
	12:30-13:15	Long Jump	Graeme Flint Alan Lister Richard Savage
	13:15	High Jump	Nicola Hearndon Katrina Muir
		Javelin	Shirley Gordon Hilary Lawrence

Officials

MEETING MANAGER	Sophie Allan	
CLERK OF COURSE	Andy Law	
START TEAM	Francis Smith Mike Belch Vicky Lister Stephen Wallace	
PHOTO FINISH	Dave Finlayson Alistair Dalglish Vic Hockley	
TIMEKEEPING	Chief – Lynne Belch Frank Coyle Peter Ramsey Kenny Duncan Doug Gunstone	
TRACK	Ref – Margaret Baird Helena Black Pat Hockley John McOmish Katie Roberts* Marisa Laing* Ceri Pullen*	
FIELD	Thursday 15th Field Ref – Margaret McNally Alistair McNally Sophie Allan Claire Sandilands Euan Millar Claire Simon Claire Massey* James Rodgers* Doug Taylor* Stuart McElroy*	Saturday 17 th Field Ref – Chris Todd Janet Grigor Moray Grigor Martin Rowe Rory Sandilands Claire Simon James Rodgers* Stuart Hannell* Stuart McElroy* Wendy Gray* Doug Taylor* Claire Massey*
ANNOUNCER	Gordon McFarlane	
RESULTS	Jerry Moriarty	

	Claire Macfarlane Morag Johnston
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*working towards level 1